



KATHISMA 16

Psalm 109

A Psalm of David.

The Lord said to my Lord, “Sit at My right hand, till I make Your enemies Your footstool.”

2 The Lord shall send the rod of Your strength out of Zion. Rule in the midst of Your enemies!

3 With You is dominion in the day of Your power, in the splendor of Your saints; From the womb, before the morning star have I begotten You.

4 The Lord has sworn and will not repent, “You are a priest forever according to the order of Melchizedek.”

5 The Lord at Your right hand shall dash in pieces kings in the day of His wrath

6 He shall judge among the nations, He shall fill the places with dead bodies, He shall crush the heads of many countries on the earth.

7 He shall drink of the brook by the wayside; Therefore He shall lift up the head.

Psalm 110

Alleluia.

I will praise the Lord. I will praise the Lord with my whole heart, in the assembly of the just and in the congregation.

2 Great are the works of the Lord, conforming to His will in every way.

3 His work is honorable and glorious, and His righteousness endures forever.

4 He has made His wonderful works to be remembered; The Lord is merciful and compassionate.

5 He has given food to those who fear Him; He will ever be mindful of His covenant.

6 He has shown His People the power of His works, that He may give them the heritage of the nations.

7 The works of His hands are truth and justice; All His commandments are sure.

8 They stand fast forever and ever, and are done in truth and uprightness.

9 He sent redemption to His people; He has commanded His covenant forever; Holy and awesome is His name.

10 The fear of the Lord is the beginning of wisdom; A good understanding have all those who do His commandments. His praise endures forever.

Psalm 111

Alleluia.

Blessed is the man who fears the Lord, who delights greatly in His commandments.

2 His descendants will be mighty on earth; The generation of the upright will be blessed.

3 Glory and riches will be in his house, and his righteousness endures forever..

4 Unto the upright there arises light in the darkness; He is gracious, and full of compassion, and righteous.

5 A good man shows favor and lends; He will guide his affairs with discretion.

6 Surely he shall never be moved; The righteous shall be in everlasting remembrance.

7 He shall never be afraid of evil tidings; His heart is fixed, trusting in the Lord.

8 His heart is established; He shall not fear, until he sees his desire upon his enemies.

9 He has dispersed, He has given to the poor; His righteousness endures forever; His horn shall be exalted with honor.

10 The wicked shall see it and be grieved; He shall gnash his teeth and melt away; The desire of the wicked shall perish.

Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

Psalm 112

Alleluia.

Praise the Lord, you servants of the Lord, praise the name of the Lord!

2 Blessed be the name of the Lord from this time forth and forevermore!

3 From the rising of the sun to its going down the Lord's name is to be praised.

4 The Lord is high above all nations, and His glory above the heavens.

5 Who is like the Lord our God, who dwells on high,

6 Who humbles Himself to behold the things that are in heaven and in the earth?

7 He raises up the poor out of the dust, and lifts the needy out of the dunghill,

8 That He may seat him with the princes, even with the princes of His people.

9 He grants the barren woman to keep house, and to be a joyful mother over children.

Psalm 113

Alleluia.

When Israel went out of Egypt, the house of Jacob from a people of strange language,

2 Judah became His sanctuary, and Israel His dominion.

3 The sea saw it and fled; Jordan was pushed back.

4 The mountains skipped like rams, the little hills like lambs.

5 What ails you, O sea, that you fled? O Jordan, that you turned back?

6 You mountains, that you skipped like rams? And you, O little hills, like lambs?

7 Tremble, O earth, at the presence of the Lord, at the presence of the God of Jacob,
8 Who turned the rock into a pool of water, The flint into a fountain of waters.

Psalm 114

Alleluia.

Not unto us, O Lord, not unto us, but to Your name give glory, because of Your mercy, and because of Your truth.

2 Why should the nations say, "So where is their God?"

3 But our God is in heaven; And on earth He does whatever He pleases.

4 Their idols are silver and gold, the work of man's hands.

5 They have mouths, but they do not speak; Eyes they have, but they do not see;

6 They have ears, but they hear not; Noses they have, but they smell not;

7 They have hands, but they handle not; Feet they have, but they walk not; Nor do they speak through their throat.

8 They that make them are like them; So is everyone that trusts in them.

9 O Israel trust in the Lord; He is their help and defender.

10 The house of Aaron trusts in the Lord; He is their help and their shield.

11 You that fear the Lord, trust in the Lord; For He is our help and defender.

12 The Lord has been mindful of us and blessed us; He will bless the house of Israel; He will bless the house of Aaron.

13 He will bless those who fear the Lord, both small and great.

14 The Lord shall increase you more and more, You and your children.

15 May you be blessed by the Lord, Who made heaven and earth.

16 The heaven, even the heavens, are the Lord's; But the earth He has given to the children of men.

17 The dead do not praise the Lord; Nor any of those who go down into silence;

18 But we will bless the Lord, from this time forth and forevermore.

Psalm 115*Alleluia.*

I love the Lord because He has heard the voice of my supplication.
2 Because He has inclined His ear to me; Therefore I will call upon Him as long as I live.
3 The sorrow of death encompassed me, and the pangs of hell laid hold of me; I found trouble and sorrow.
4 Then I called upon the name of the Lord: “O Lord, I beseech You, deliver my soul!”
5 Gracious is the Lord and righteous; Yes, our God is merciful. 6 The Lord preserves the simple; I was brought low and He helped me.
7 Return to Your rest, O my soul, for the Lord has been bountiful to You.
8 For He has delivered my soul from death, my eyes from tears, and my feet from falling.
9 I will walk before the Lord in the land of the living.

Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

10 I believed, therefore I spoke: “I was greatly afflicted.”
11 I said in my haste, “All men are liars.”
12 What shall I render to the Lord for all His benefits toward me?
13 I will take up the cup of salvation, and call upon the name of the Lord.
14 I will pay my vows to the Lord, now in the presence of all His people.
15 Precious in the sight of the Lord is the death of His saints.
16 O Lord, truly I am Your servant, Your servant and the son of Your handmaiden; You have loosed my bonds.
17 I will offer You the sacrifice of praise and call upon the name of the Lord.
18 I will pay my vows to the Lord, now in the presence of all His people,
19 In the courts of the Lord’s house, in the midst of you, O Jerusalem.

Psalm 116*Alleluia.*

Praise the Lord all you nations! Praise Him, all You people!
2 For His merciful kindness is great toward us, and the truth of the Lord endures forever.

Psalm 117*Alleluia.*

Give thanks to the Lord, for He is good! For His mercy endures forever.
2 Let Israel now say, that His mercy endures forever.
3 Let the house of Aaron say, that His mercy endures forever.
4 Let them now that fear the Lord say, that His mercy endures forever.
5 I called to the Lord in distress, and He answered me, and set me in a large place.
6 The Lord is on my side; I shall not fear: what can man do to me.
7 The Lord is my helper; And I shall see my desire on those who hate me.
8 It is better to trust in the Lord than to put confidence in man.
9 It is better to trust in the Lord than to put confidence in princes.
10 All nations surrounded me, but in the name of the Lord I will destroy them.
11 Yes, they encompassed me, but in the name of the Lord I will destroy them.
12 They surrounded me like bees; They are quenched like a fire of thorns; for in the name of the Lord I will destroy them.
13 You pushed me violently, that I might fall, but the Lord helped me.
14 The Lord is my strength and song, and He has become my salvation.
15 The voice of rejoicing and salvation is in the tabernacle of the righteous; The right hand of the Lord does valiantly.
16 The right hand of the Lord is exalted; The right hand of the Lord does valiantly.
17 I shall not die, but live, and declare the works of the Lord.
18 The Lord has chastened me severely, but He has not given me over to death.
19 Open to me the gates of righteousness; I will go through them, and I will praise the Lord.

20 This is the gate of the Lord, through which the righteous shall enter.

21 I will praise You, for You have heard me, and have become my salvation.

22 The stone which the builders rejected has become the chief cornerstone.

23 This was the Lord's doing; And it is marvelous in our eyes.

24 This is the day which the Lord has made; Let us rejoice and be glad in it.

25 O Lord, save us; O Lord, send us prosperity!

26 Blessed is He who comes in the name of the Lord! We have blessed You from the house of the Lord.

27 God is the Lord, and has revealed Himself to us; Celebrate the feast with branches! Bind the sacrifice to the horns of the altar.

28 You are my God, and I will praise You; You are my God, and I will exalt You.

29 Oh! Give thanks to the Lord, for He is good! For His mercy endures forever.

***Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

Prayers after the Sixteenth Kathisma

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

And these troparia, Tone 1:

Another world awaits you, O soul, and the Judge intends to reveal the hidden and wicked things concerning you. Do not be taken up with the here and now, but look ahead and cry out to the Judge: O God, cleanse me and save me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Covered with the countless wounds of my transgressions, O Christ Savior, I the sinner entreat Your tender mercy: O Physician of the sick, visit, heal, and save me.

Now and ever and unto ages of ages. Amen.

Why are you living in negligence and laziness, O my soul? Why are you not concerned with the evil you have done in your life? Hasten to make amendments before the Lord shuts the door to you. Run to the Birthgiver of God, fall down and cry: O hope of the hopeless, I have greatly sinned against you; save me, O all-pure sovereign Lady.

Lord, have mercy (40x).

Holy Lord Who dwells in the highest, Who looks down with Your all-seeing eye upon the whole creation, we bow the neck of body and soul to You and beseech You, O Holy of Holies: stretch forth Your unseen hand from Your holy dwelling place and bless us all and forgive all our sins, whether voluntary or involuntary, of word or of deed. Give us tender compunction, O Lord; give us spiritual tears from deep within for the cleansing of our many sins. Grant Your great mercy to Your world and to us, also, Your unworthy servants. For blessed and highly glorified is Your name, of the Father and of the Son and of the Holy Spirit; Both now and ever, and unto ages of ages. Amen.