



## KATHISMA 12

### Psalm 85

*A Psalm of David. A Prayer.*

**B**ow down Your ear, O Lord, hear me; for I am poor and needy.  
2 Preserve my soul, for I am holy; You are my God; Save Your servant who trusts in You!  
3 Be merciful to me, O Lord, for I cry to You all day long.  
4 Rejoice the soul of Your servant, for to You, O Lord, I lift up my soul.  
5 For You, Lord, are good, and ready to forgive, and abundant in mercy to all those who call upon You.  
6 Give ear, O Lord, to my prayer; And attend to the voice of my supplications.  
7 In the day of my trouble I will call upon You, for You will answer me.  
8 Among the gods there is none like You, O Lord; Nor are there any works like Your works.  
9 All nations whom You have made shall come and worship before You, O Lord, and shall glorify Your name.  
10 For You are great, and do wondrous things; You alone are God.  
11 Teach me Your way, O Lord; I will walk in Your truth; Let my heart rejoice, that I may fear Your name.  
12 I will praise You, O Lord my God, with all my heart, and I will glorify Your name forever.

13 For great is Your mercy toward me, and You have delivered my soul from the depths of Hades.

14 O God, transgressors have risen up against me, and the assemblies of strong men have sought after my soul, and have not set You before them.

15 But You, O Lord, are a God full of compassion and gracious, longsuffering and abundant in mercy and truth.

16 Oh, turn to me, and have mercy on me! Give Your strength to Your servant, and save the son of Your handmaid.

17 Show me a sign for good, that those who hate me may see it and be ashamed, because You, Lord, have helped me and comforted me.

### Psalm 86

*A Song for the Sons of Kore.*

**H**is foundation is in the holy mountains.

2 The Lord loves the gates of Zion more than all the dwellings of Jacob.

3 Glorious things are spoken of you, O city of God!

4 I will make mention of Rahab and Babylon to those who know me; Behold Philistia and Tyre and the people of Ethiopia: This man was born there.

5 And of Zion it shall be said:, This and that man was born in her; And the Highest Himself has established her.

6 The Lord shall recount it, in the writing of the people, the princes who were born in her.

7 Living within you is like a joy for all.

### Psalm 87

*A Psalm for the Sons of Kore. To the Chief Musician for Maeleth. For Instruction to Aemon the Israelite.*

**O** Lord, God of my salvation, I have cried out day and night before You.

2 Let my prayer come before You; Incline Your ear to my cry.

3 For my soul is full of troubles, and my life draws near to the grave.

4 I am counted with those who go down to the pit; I am like a man who has no strength,

5 Adrift among the dead, like the slain who lie in the grave, whom You remember no more, and who are cut off from Your hand.

6 You have laid me in the lowest pit, in darkness, in the shadow of death.

7 Your wrath lies heavy upon me, and You have afflicted me with all Your waves.

8 You have put away my acquaintances far from me; You have made me an abomination to them; I am shut up, and I cannot come forth.

9 My eye wastes away because of affliction. Lord, I have called daily upon You; I have stretched out my hands to You.

10 Will You work wonders for the dead? Shall the dead arise and praise You?

11 Shall Your loving kindness be declared in the grave? Or Your faithfulness in destruction?

12 Shall Your wonders be known in the dark? And Your righteousness in the land of forgetfulness?

13 But to You I have cried out, O Lord, and in the morning my prayer comes before You.

14 Lord, why do You cast off my soul? Why do You hide Your face from me?

15 I am poor and in troubles from my youth; and having been exalted, I was brought low and into despair.

16 Your wrath has gone over me; And Your terrors have greatly disquieted me.

17 They came around me all day long like water; They engulfed me altogether.

18 Loved one and friend You have put far from me, and my acquaintances into darkness.

**Glory** to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.

## Psalm 88

*A Psalm of Instruction for Etham the Israelite.*

**I** will sing of the mercies of the Lord forever; With my mouth I will make known Your faithfulness to all generations.

2 For I have said, "Mercy shall be built up forever; Your faithfulness You

shall establish in the very heavens.

3 I have made a covenant with My chosen, I have sworn to David My servant,

4 ‘Your seed I will establish forever, and build up Your throne to all generations.’”

5 The heavens shall praise Your wonders, O Lord; Your faithfulness also in the assembly of the saints.

6 For who in the heavens can be compared with the Lord? Who among the sons of the mighty can be likened to the Lord?

7 God is greatly to be feared in the assembly of the saints, and to be held in reverence by all who are around Him.

8 O Lord God of hosts, who is mighty like You, O Lord? Your faithfulness surrounds You.

9 You rule the raging of the sea; When its waves rise, You still them.

10 You have broken the proud in pieces, as one that is slain; You have scattered Your enemies with Your mighty arm.

11 The heavens are Yours, the earth also is Yours; The world and all its fullness, You have founded them.

12 The north and the south, You have created them; Tabor and Hermon shall rejoice in Your name.

13 You have a mighty arm; Strong is Your hand, and high is Your right hand.

14 Righteousness and justice are the foundation of Your throne; Mercy and truth go before Your face.

15 Blessed are the people who know the joyful sound! They walk, O Lord, in the light of Your countenance.

16 In Your name they shall rejoice all day long, and in Your righteousness they shall be exalted.

17 For You are the glory of their strength, and in Your favor our horn shall be exalted.

18 For the Lord is our defense, and the Holy One of Israel is our King.

19 Then You spoke in a vision to Your holy one, and said, “I have given help to one who is mighty; I have exalted one chosen from the people.

20 I have found David My servant; With My holy oil I have anointed him,

21 For My hand shall support him; And My arm shall strengthen him.

22 The enemy shall not prevail against him, nor the son of wickedness afflict him.

23 I will beat down his foes before his face, and plague them that hate him.

24 My faithfulness and My mercy shall be with him, and in My name his horn shall be exalted.

25 I will set his hand over the sea, and his right hand over the rivers.

26 He shall cry to Me, 'You are my Father, my God, and the rock of my salvation.'

27 And I will make him My firstborn, higher than the kings of the earth.

28 I will keep My mercy with him forever, and My covenant shall stand firm with him.

29 His seed also I will make to endure forever, and his throne as the days of heaven.

30 If his children forsake My law and do not walk in My judgments,

31 If they break My statutes and keep not My commandments,

32 Then I will visit their transgression with the rod, and their iniquity with stripes.

33 Nevertheless My loving-kindness I will not utterly take from him, nor allow My faithfulness to fail.

34 My covenant I will not break, nor alter the word that has gone out of My lips.

35 Once I have sworn by My holiness; I will not lie to David:

36 His seed shall endure forever, and his throne as the sun before Me;

37 It shall be established forever like the moon, even like the faithful witness in the sky."

38 But You have cast off and abhorred, You have been furious with Your anointed.

39 You have renounced the covenant of Your servant; You have profaned his sanctuary by casting it to the ground .

40 You have broken down all his hedges; You have brought his strongholds to ruin.

41 All who pass by the way plunder him; He is a reproach to his neighbors.

42 You have exalted the right hand of his adversaries; You have made all his enemies rejoice.

43 You have also turned back the edge of his sword, and have not sustained him in the battle.

44 You have made his glory cease, and cast his throne down to the ground.

45 The days of his youth You have shortened; You have covered him with shame.

46 How long, Lord? Will You hide Yourself forever? Shall Your wrath burn like fire?

47 Remember how short my time is; Wherefore did You make all men in vain?  
48 What man is he that can live and shall not see death? Can he deliver his life from the power of the grave?  
49 Lord, where are Your former loving-kindnesses, which You swore to David in Your truth?  
50 Remember, Lord, the reproach of Your servants; How do I bear in my bosom the reproach of all the mighty peoples,  
51 With which Your enemies have reproached, O Lord, with which they have reproached the footsteps of Your anointed.  
52 Blessed be the Lord for evermore! Amen, Amen.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

## Psalm 89

*The Prayer of Moses, the Man of God.*

**L**ord, You have been our refuge in all generations.  
2 Before the mountains were brought forth, or ever You have formed the earth and the world, even from everlasting to everlasting, You are God.  
3 You turn man to destruction, saying, "Turn back, you sons of men."  
4 For a thousand years in Your sight are like yesterday when it is passed, and like a watch in the night.  
5 You carry them away like a flood; They are like a sleep. In the morning they are like grass which grows up.  
6 In the morning it flourishes and grows up; In the evening it is cut down and withers.  
7 For we have been consumed by Your anger, and by Your wrath we are troubled.  
8 You have set our iniquities before You, our secret sins in the light of Your countenance.  
9 For all our days have passed away in Your wrath; We finish our years as a tale that is told.  
10 The days of our lives are seventy years; And if by reason of strength

they are eighty years, most of them are only labor and sorrow; For it is soon cut off, and we fly away.

11 Who knows the power of Your anger? For as the fear of You, so is Your wrath.

12 So teach us to number our days, that we may gain a heart of wisdom.

13 Return, O Lord! How long? And have compassion on Your servants.

14 Oh, satisfy us early with Your mercy, that we may rejoice and be glad all our days!

15 Make us glad according to the days in which You have afflicted us, and the years in which we have seen evil.

16 Let Your work appear to Your servants, and Your glory to their children.

17 And let the light of the Lord our God shine upon us, and establish the work of our hands for us; Yes, establish the work of our hands.

## **Psalm 90**

*A Psalm of David.*

**H**e Who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.

2 He will say to the Lord: "My protector, my refuge, my God, in Whom I trust."

3 And the Lord shall deliver you from the snare of the fowler and from the perilous pestilence.

4 He shall cover You with His shoulder, and beneath His wings you shall rest secure; His truth shall be your shield and buckler.

5 You shall not be afraid of the terror by night, nor of the arrow that flies by day,

6 Nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday.

7 A thousand shall fall at your side, and ten thousand at your right hand; But it shall not come near you.

8 Only with your eyes shall you look, and see the reward of the wicked.

9 Because you have said, "O Lord, You are my hope," and have made the Most High your refuge,

10 No evil shall befall you, nor shall any plague come near your dwelling;

11 For He shall give His angels charge over you, to keep you in all your ways.

12 They shall bear you up in their hands, lest you dash your foot against a stone.

13 You shall tread upon the asp and the viper; The young lion and the serpent you shall trample underfoot.

14 “Because He has set His love upon me, I will deliver him,” says the Lord, “I will set him on high, because he has known My name.”

15 He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him.

16 I will fill him with length of days, and show him My salvation.

*Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen; Alleluia, alleluia, alleluia glory to You O God (3x); Lord have mercy (3x); Glory to the Father and to the Son and to the Holy Spirit; Now and ever and unto ages of ages. Amen.*

### **Prayers after the Twelfth Kathisma**

Heavenly King, Comforter, Spirit of Truth, Who are present everywhere and fulfilling all things, Treasury of Blessings and Source of Life: Come abide in us, cleanse us of all stain, and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

All Holy Trinity, have mercy on us. Lord, cleanse us of our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities, for the glory of Your name.

Lord, have mercy (3x).

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.



Come, let us worship God our King. Come, let us worship and fall down before Christ, our King. Come, let us worship and fall down before Christ Himself, our King and our God.

*And these troparia, Tone 7:*

O Lord, Who accepted the tears of Peter and of the sinful woman, Who justified the deeply-sighing publican, be compassionate to me also, O Savior; I fall down before You, have mercy on me.

Glory to the Father, and to the Son, and to the Holy Spirit:

Receive me, O Lord, as the publican; cleanse me, O Master, as the sinful woman; have mercy on me as on the Canaanite woman, according to Your great Mercy.

Now and ever and unto ages of ages. Amen.

O Mother of the Light, blessed Birthgiver of God, beseech Christ God to shine His great mercy upon our souls together with the dawning day.

Lord, have mercy (40x).

Lord my God, Who alone are good and the Lover of Man, Who alone are meek and merciful, Who alone are true and righteous, Who alone are our compassionate and merciful God: May Your strength come upon me, Your sinful and useless servant and may my temple be made a stronghold by the Good News of Your divine teachings. O Master and Lover of Mankind, O Lover of good and Lover of tender mercy, enlighten the depths of my being and all my members by Your will. Cleanse me of all wickedness and sin. Preserve me untainted and undefiled from every attack and undertaking of the devil; and grant in Your goodness that I may live as You desire, with wisdom and understanding, with fear and trembling, doing what pleases You until my very last breath. According to Your inexpressible mercy, may You safeguard me, body and soul, mind and thought, that my temple may be preserved from enemy snares. O Lord, my Lord, cover me with Your loving-kindness and do not forsake me, Your unworthy, impure and sinful servant. For You are my Defender and I ever sing of You, ascribing glory to You, Father, Son and Holy Spirit, now and ever and unto the ages of ages. Amen.

